## **Breastfeeding Support**

2024

Support and encouragement are key factors in successful breastfeeding. A lactation consultant will address your questions and concerns, including returning to work while breastfeeding.

## Bellevue Woman's Center 2210 Troy-Schenectady Road, Niskayuna, NY

1st TUESDAY: 6 - 8 PM

2nd & 3rd & 4th & 5th: TUESDAY: 10 AM - Noon

All classes are free.

January 2 • 6 – 8 PM

January 9 • 10 AM - Noon

January 16 • 10 AM - Noon

January 23 • 10 AM - Noon

January 30 • 10 AM – Noon

February 6 • 6 – 8 PM

February 13 • 10 AM - Noon

February 20 • 10 AM - Noon

February 27 • 10 AM - Noon

March 5 • 6 - 8 PM

March 12 • 10 AM - Noon

March 19 • 10 AM - Noon

March 26 • 10 AM - Noon

April 2 • 6 – 8 PM

April 9 • 10 AM - Noon

April 16 • 10 AM - Noon

April 23 • 10 AM - Noon

April 30 • 10 AM - Noon

May 7 • 6 - 8 PM

May 14 • 10 AM - Noon

May 21 • 10 AM - Noon

May 28 • 10 AM - Noon

June 4 • 6 - 8 PM

June 11 • 10 AM - Noon

June 18 • 10 AM - Noon

June 25 • 10 AM - Noon

July 2 • 6 - 8 PM

July 9 • 10 AM - Noon

July 16 • 10 AM - Noon

July 23 • 10 AM - Noon

July 30 • 10 AM - Noon

August 6 • 6 - 8 PM

August 13 • 10 AM - Noon

August 20 • 10 AM - Noon

August 27 • 10 AM - Noon

September 3 • 6 – 8 PM

September 10 • 10 AM - Noon

September 17 • 10 AM - Noon

September 24 • 10 AM - Noon

Pre-Registration Found on our Website BellevueDelivers.com

October 1 • 6 - 8 PM

October 8 • 10 AM - Noon

October 15 • 10 AM - Noon

October 22 • 10 AM - Noon

October 29 • 10 AM - Noon

November 5 • 6 - 8 PM

November 12 • 10 AM - Noon

November 19 • 10 AM - Noon

November 26 • 10 AM - Noon

December 3 • 6 - 8 PM

December 10 • 10 AM - Noon

December 17 • 10 AM - Noon

December 24 • 10 AM - Noon

December 31 • 10 AM - Noon

BELLEVUE WOMAN'S CENTER ELLIS MEDICINE