

# Breastfeeding Support

## 2025

Support and encouragement are key factors in successful breastfeeding. A lactation consultant will address your questions and concerns, including returning to work while breastfeeding.

## Bellevue Woman's Center

2210 Troy-Schenectady Road, Niskayuna, NY

**EVERY TUESDAY: 10 AM - Noon**

All classes are free.



January 7 • 10 AM - Noon

January 14 • 10 AM - Noon

January 21 • 10 AM - Noon

January 28 • 10 AM - Noon

February 4 • 10 AM - Noon

February 11 • 10 AM - Noon

February 18 • 10 AM - Noon

February 25 • 10 AM - Noon

March 4 • 10 AM - Noon

March 11 • 10 AM - Noon

March 18 • 10 AM - Noon

March 25 • 10 AM - Noon

April 1 • 10 AM - Noon

April 8 • 10 AM - Noon

April 15 • 10 AM - Noon

April 22 • 10 AM - Noon

April 29 • 10 AM - Noon

May 6 • 10 AM - Noon

May 13 • 10 AM - Noon

May 20 • 10 AM - Noon

May 27 • 10 AM - Noon

June 3 • 10 AM - Noon

June 10 • 10 AM - Noon

June 17 • 10 AM - Noon

June 24 • 10 AM - Noon

July 1 • 10 AM - Noon

July 8 • 10 AM - Noon

July 15 • 10 AM - Noon

July 22 • 10 AM - Noon

July 29 • 10 AM - Noon

August 5 • 10 AM - Noon

August 12 • 10 AM - Noon

August 19 • 10 AM - Noon

August 26 • 10 AM - Noon

September 2 • 10 AM - Noon

September 9 • 10 AM - Noon

September 16 • 10 AM - Noon

September 23 • 10 AM - Noon

September 30 • 10 AM - Noon

October 7 • 10 AM - Noon

October 14 • 10 AM - Noon

October 21 • 10 AM - Noon

October 28 • 10 AM - Noon

November 4 • 10 AM - Noon

November 11 • 10 AM - Noon

November 18 • 10 AM - Noon

November 25 • 10 AM - Noon

December 2 • 10 AM - Noon

December 9 • 10 AM - Noon

December 16 • 10 AM - Noon

December 23 • 10 AM - Noon

December 30 • 10 AM - Noon

BELLEVUE  
WOMAN'S  
CENTER  
ELLIS MEDICINE