## **Breastfeeding Support**

2026

Support and encouragement are key factors in successful breastfeeding. A lactation consultant will address your questions and concerns, including returning to work while breastfeeding.

## Bellevue Woman's Center 2210 Troy-Schenectady Road, Niskayuna, NY

**EVERY TUESDAY: 10 AM - Noon** 

All classes are free.



February 3 • 10 AM - Noon
February 10 • 10 AM - Noon
February 17 • 10 AM - Noon
February 24 • 10 AM - Noon

March 3 • 10 AM - Noon

March 10 • 10 AM - Noon

March 17 • 10 AM - Noon

March 24 • 10 AM - Noon

March 31 • 10 AM - Noon

April 7 • 10 AM - Noon
April 14 • 10 AM - Noon
April 21 • 10 AM - Noon
April 28 • 10 AM - Noon

May 12 • 10 AM - Noon
May 12 • 10 AM - Noon
May 19 • 10 AM - Noon

May 26 • 10 AM - Noon

June 2 • 10 AM - Noon

June 9 • 10 AM - Noon

June 16 • 10 AM - Noon

June 23 • 10 AM - Noon

June 30 • 10 AM - Noon

July 7 • 10 AM - Noon

July 14 • 10 AM - Noon

July 21 • 10 AM - Noon

July 28 • 10 AM - Noon

August 4 • 10 AM - Noon
August 11 • 10 AM - Noon
August 18 • 10 AM - Noon
August 25 • 10 AM - Noon

September 1 • 10 AM - Noon
September 8 • 10 AM - Noon
September 15 • 10 AM - Noon
September 22 • 10 AM - Noon
September 29 • 10 AM - Noon

Pre-Registration can be found on our website BellevueDelivers.com

October 6 • 10 AM - Noon
October 13 • 10 AM - Noon
October 20 • 10 AM - Noon
October 27 • 10 AM - Noon

November 3 • 10 AM - Noon November 10 • 10 AM - Noon November 17 • 10 AM - Noon November 24 • 10 AM - Noon

December 1 • 10 AM - Noon
December 8 • 10 AM - Noon
December 15 • 10 AM - Noon
December 22 • 10 AM - Noon
December 29 • 10 AM - Noon

